



# Superb Coaching

*Working with you to take back your life*

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## THE TRANSMISSION OF WAVES

To understand all this thoroughly it is useful to use an analogy. The simplest analogy for this subject is to imagine yourself as a television transmitting tower, beaming out your signals to the world. And these signals are being received by all other living things. We are all constantly receiving and transmitting messages to each other. It is all going on at a subconscious and unconscious level. You could say we are all like mini television transmitting towers and we live in an ocean of waves. This is very close to the truth.

So if you have within you a pattern in your memory bank which holds a view that all relationships are boring and mundane, then you will be constantly beaming that pattern out into the world and it will be being picked up by people who have a matching pattern.

If you have a pattern within you which says there is a lack of money in your life, then you will be sending it out into the world and be therefore attracting into your life the opportunities which contain lack of money. You will not be able to attract into your life the opportunities to make a great deal of money because it is not in your patterning and so you cannot broadcast it into the world. Just like a TV station cannot broadcast a program which is not in its library.

By realising this, you can then take necessary actions to change what it is you want to experience. You have to stop broadcasting what it is you don't want and start to broadcast what it is you do want.

It is not necessary to grow an extra brain or do anything odd or out of the ordinary. You merely become conscious of the faculties you already have and then apply them with full consciousness rather than from a semi-conscious or unconscious state. This means using your wave broadcasting faculties deliberately by only holding in your mind the events you want to enjoy. Never forgetting., of course, that you need to eliminate whatever it is within you that is sending out the wrong signals, and is a result of old patterns. If you don't remove these they will continue to send out their signals, resulting in conflicting goals and therefore confusion and difficulty in bringing the results you want. This is why techniques like visualisation and affirmations on their own can either be useless or result in the opposite effect and why 70x7 is so powerful; for you get the opportunity to become aware of your limiting beliefs and then clear them out of your system. Always go for the source rather than the surface. The technique Vibrasonics also works in this way.

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